

**WE ARE AN OFFICIAL  
LOCATION FOR**

**READY  
SET**   
**ACTO**



**INFORMATION  
PACK**

**2023**



# TIMETABLE

MONDAY	
9:00-9:30	2-3 years Ready Set Acro
9:30-10:30	4-5 years Ready Set Dance
10:30-11:00	4-5 years Ready Set Acro
11:00-11:30	4-5 years Ready Set Dance

WEDNESDAY	
9:30-10:30	2-3 years Ready Set Dance
10:30-11:30	4-5 years Ready Set Dance

FRIDAY	
9:30-10:30	2-3 years Ready Set Dance
10:30-11:30	4-5 years Ready Set Dance
4:15-4:45	4-5 years Ready Set Acro

SATURDAY	
9:30-10:30	2-3 years Ready Set Dance
10:30-11:30	4-5 years Ready Set Dance

## TERM DATES

The calendar for dancing follows the school calendar. Therefore the dates for the dancing year are as follows:

Term 1: Monday 5th February- Friday 12th April

Term 2: Monday 29th April- Friday 5th July

Term 3: Monday 29th July- Friday 27th September

Term 4: Monday 14th October- Friday 13th December



# OUR PROGRAM

Ready Set Acro is a collaborative acrobatic program developed with Industry Leader Acrobatic Arts, specifically designed for preschoolers. It emphasises safe and effective progressions to foster the physical and social skills needed for healthy early childhood development. The program is developed with original music with lyric cues and focuses on three key components: Stretch, Strength, and Skills.

Led by FLEXY, the Giraffe, the STRETCH component incorporates age-appropriate exercises to enhance flexibility and mobility, through movements like splits and backbends. The STRENGTH aspect, guided by BRIDGIE, the Elephant, builds physical strength and control through fun and safe exercises that help little dancers perform moves with power. FLIPPY, the Penguin, leads the skills portion, developing a range of acrobatic movements, from basic poses and balances, to more complex hand stands and cartwheels whilst always working at an appropriate level for their skill and experience.

The guided training and structured approach allows instructors to successfully conduct a dynamic and engaging preschool acrobatics class that not only promotes holistic developmental milestones but teaches a range of exciting AcroDance Skills.

**STRETCH,**  
**STRENGTH**  
**AND**  
**SKILLS.**



# STRETCH

Stretch and flex: Improve flexibility and reach new limits with our fun stretching songs.

# STRENGTH

Get strong and confident: Our program focuses on building physical strength and control.



# SKILLS

Skills that impress: From basic moves to impressive tricks, our program teaches a range of exciting AcroDance skills.



# FAQ'S

## **Can I watch my child's classes?**

In our experience preschoolers are able to concentrate better without the distraction of other noise in the room from parents and other siblings. Our program has been endorsed by leading child care experts who support the independent learning model. As preschoolers participate in classes they have the opportunity to develop additional secure attachments with adults (teachers) and peers. This helps them transition positively into the larger world and helps with school readiness.

Having said that, a lot of children are timid at first and need to know that a parent is close by. Our program allows parents to watch the first class if necessary to help them adjust.

## **Are your teacher's qualified?**

All teachers have their Working with Children Check and follow the program that is endorsed by early learning experts. READY SET ACRO teachers are required to gain their accreditation from READY SET ACRO head office before delivering the program.

## **Do we need to purchase uniform and shoes?**

Students must wear the READY SET ACRO uniform. However, we need to make sure we are the right fit for you and your child before committing to anything. Comfortable clothes and sneakers are fine for the first couple of lessons. Once your child has settled you can purchase the official READY SET DANCE uniform at reception which we are sure you will love.

## **What is watching day?**

Watching day is when parents get to view their child dance as an audience in the classroom. It's a chance for your child to begin their first step to working on their performance skills.

## **If we miss a class can it be made up on another day of the week?**

You may swap days (as long as the make-up class is not full). We do recommend that you avoid alternating days too much as preschoolers need the comfort of knowing that the same teacher and their friends will be there when they go to dancing.

## **How can I experience READY SET ACRO at home?**

READY SET DANCE, our Television show, airs every day on Nick Jr at 10 am. You can also catch us on YouTube and the Nick Jr Play App. The Show has been so popular that it is now airing in 120 countries all over the world. Preschoolers love to dance along to their favourite songs from the TV show in their classes every week.



# FAQ'S

## PRICES

READY SET ACRO - 30 MIN CLASS (WHOLE TERM PAYMENT)	\$10.00
READY SET ACRO - 30 MIN CLASS (INDIVIDUAL CLASS PAYMENT)	\$12.00
ENROLMENT FEE	\$0.00

Please Note: All prices are inclusive of GST.

## UNIFORM

All READY SET ACRO students will be required to wear the official uniform that we are sure you will love. Below are the following options that can be purchased on our online store.



UNITARD  
\$45.00



T SHIRT  
\$25.00



SHORTS  
\$30



TUTU FRILL DRESS  
\$45.00



JACKET  
\$55.00



HAIR ACCESSORIES  
\$10.00